

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Leemans Mats

Coaches: Vekeman Christophe

Coaches: Januarius Elke

Coaches: Silvestre Coralie

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:01
Heat: 2/2 Lane : 3 Athlete: STEELS WOUT			Q-time: 00:40:40
PB (25m pool): 00:40.40 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.40	
		00:40.40	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:01
Heat: 2/2 Lane : 4 Athlete: HALLET SIBBE			Q-time: 00:43:89
PB (25m pool): 00:43.89 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.89	
		00:43.89	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 14:05
Heat: 2/14 Lane : 3 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:43:45
PB (25m pool): 00:43.45 Aarschot 26/04/2026			PB (50m pool): 00:44.59 SB: no time
	2 5 M	5 0 M	
PB		00:43.45	
		00:43.45	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 14:06
Heat: 3/14 Lane : 5 Athlete: DOYEN LAURE			Q-time: 00:42:57
PB (25m pool): 00:42.57 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:42.57	
	00:42.57		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:09
Heat: 6/14 Lane : 2 Athlete: MECHROUBI YASMINA			Q-time: 00:38:34
PB (25m pool): 00:38.66 Aarschot 26/04/2026			PB (50m pool): 00:38.34 SB: no time
	2 5 M	5 0 M	
PB		00:38.66	
	00:38.66		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:11
Heat: 7/14 Lane : 1 Athlete: GHISLAIN EMILIE			Q-time: 00:37:47
PB (25m pool): 00:37.47 Gent 23/02/2025			PB (50m pool): 00:37.94 SB: no time
	2 5 M	5 0 M	
PB		00:37.47	
	00:37.47		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:9, starttime: 14:13
Heat: 9/14 Lane : 2 Athlete: HEYE MIRTHE			Q-time: 00:34:55
PB (25m pool): 00:34.47 Aarschot 28/04/2024			PB (50m pool): 00:34.55 SB: no time
	2 5 M	5 0 M	
PB		00:34.47	
	00:34.47		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:9, starttime: 14:13
Heat: 9/14 Lane : 3 Athlete: DHONDT ANNELIEN			Q-time: 00:33:97
PB (25m pool): 00:35.00 LEUVEN 24/11/2024			PB (50m pool): 00:33.97 SB: no time
	2 5 M	5 0 M	
PB		00:35.00	
	00:35.00		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:10, starttime: 14:14
Heat: 10/14 Lane : 3 Athlete: GHISLAIN JULIETTE			Q-time: 00:33:29
PB (25m pool): 00:33.80 Gent 23/02/2025			PB (50m pool): 00:33.29 SB: no time
	2 5 M	5 0 M	
PB		00:33.80	
	00:33.80		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:16
Heat: 12/14 Lane : 1 Athlete: LOUCKX CÉLIE			Q-time: 00:32:78
PB (25m pool): 00:32.78 LEUVEN 23/11/2025			PB (50m pool): 00:34.15 SB: no time
	2 5 M	5 0 M	
PB		00:32.78	
	00:32.78		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:14, starttime: 14:18
Heat: 14/14 Lane : 5 Athlete: IANNINO VALENTINA			Q-time: 00:30:32
PB (25m pool): 00:30.65 LEUVEN 23/11/2025			PB (50m pool): 00:30.32 SB: no time
	2 5 M	5 0 M	
PB		00:30.65	
	00:30.65		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 14:20
Heat: 1/18 Lane : 4 Athlete: DHONDT MICHIEL			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:21
Heat: 2/18 Lane : 4 Athlete: JANUARIUS JULES			Q-time: 00:51:59
PB (25m pool): 00:52.28 Sint-Pieters-Leeuw 05/10/2025 PB (50m pool): 00:51.59 SB: no time			
	2 5 M	5 0 M	
PB		00:52.28	
	00:52.28		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:28
Heat: 7/18 Lane : 1 Athlete: HAAN ALEXANDER			Q-time: 00:40:68
PB (25m pool): 00:43.00 Aarschot 26/04/2026 PB (50m pool): 00:40.68 SB: no time			
	2 5 M	5 0 M	
PB		00:43.00	
	00:43.00		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:28
Heat: 7/18 Lane : 2 Athlete: TIELEMANS WOLF			Q-time: 00:39:75
PB (25m pool): 00:41.43 Aarschot 26/04/2026 PB (50m pool): 00:39.75 SB: no time			
	2 5 M	5 0 M	
PB		00:41.43	
	00:41.43		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:28
Heat: 7/18 Lane : 3 Athlete: GHISLAIN ANTOINE			Q-time: 00:38:59
PB (25m pool): 00:38.99 Temse 17/11/2025			PB (50m pool): 00:38.59 SB: no time
	2 5 M	5 0 M	
PB		00:38.99	
	00:38.99		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:28
Heat: 7/18 Lane : 4 Athlete: DOBBELEIRE NIELS			Q-time: 00:39:17
PB (25m pool): 00:43.99 LEUVEN 23/11/2025			PB (50m pool): 00:39.17 SB: no time
	2 5 M	5 0 M	
PB		00:43.99	
	00:43.99		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:29
Heat: 8/18 Lane : 3 Athlete: GEURTS VALENTIN			Q-time: 00:37:74
PB (25m pool): 00:46.85 Ternat 26/12/2022			PB (50m pool): 00:37.74 SB: no time
	2 5 M	5 0 M	
PB		00:46.85	
	00:46.85		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:30
Heat: 9/18 Lane : 1 Athlete: PEETERS KOBE			Q-time: 00:37:59
PB (25m pool): 00:37.59 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:39.22 SB: no time
	2 5 M	5 0 M	
PB		00:37.59	
	00:37.59		
			

Coach feedback:

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Event number: 3: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:30
Heat: 9/18 Lane : 4 Athlete: SAADEH NAYIM			Q-time: 00:36:62
PB (25m pool): 00:36.62 Aarschot 26/04/2026			PB (50m pool): 00:36.62 SB: no time
	2 5 M	5 0 M	
PB		00:36.62	
	00:36.62		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:10, starttime: 14:31
Heat: 10/18 Lane : 1 Athlete: WIELEMAN ROBBE			Q-time: 00:36:07
PB (25m pool): 00:36.27 Temse 17/11/2025			PB (50m pool): 00:36.07 SB: no time
	2 5 M	5 0 M	
PB		00:36.27	
	00:36.27		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:12, starttime: 14:33
Heat: 12/18 Lane : 5 Athlete: LOUCKX TIM			Q-time: 00:34:34
PB (25m pool): 00:34.34 Temse 17/11/2025			PB (50m pool): 00:34.50 SB: no time
	2 5 M	5 0 M	
PB		00:34.34	
	00:34.34		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:36
Heat: 15/18 Lane : 3 Athlete: HALLET BRENT			Q-time: 00:30:79
PB (25m pool): 00:30.98 Temse 17/11/2025			PB (50m pool): 00:30.79 SB: no time
	2 5 M	5 0 M	
PB		00:30.98	
	00:30.98		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:15, starttime: 14:36
Heat: 15/18 Lane : 4 Athlete: VEKEMAN KWINTE			Q-time: 00:30:84
PB (25m pool): 00:31.04 LEUVEN 23/11/2025			PB (50m pool): 00:30.84 SB: no time
	2 5 M	5 0 M	
PB		00:31.04	
	00:31.04		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:16, starttime: 14:37
Heat: 16/18 Lane : 5 Athlete: BAS BRIEK			Q-time: 00:30:47
PB (25m pool): 00:32.48 LEUVEN 24/11/2024			PB (50m pool): 00:30.57 SB: no time
	2 5 M	5 0 M	
PB		00:32.48	
	00:32.48		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:18, starttime: 14:39
Heat: 18/18 Lane : 3 Athlete: CLEYMANS TORBEN			Q-time: 00:27:25
PB (25m pool): 00:28.29 LEUVEN 23/11/2025			PB (50m pool): 00:27.25 SB: no time
	2 5 M	5 0 M	
PB		00:28.29	
	00:28.29		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:18, starttime: 14:39
Heat: 18/18 Lane : 5 Athlete: CLEYMANS KARSTEN			Q-time: 00:27:84
PB (25m pool): 00:27.86 Leuven 12/10/2025			PB (50m pool): 00:27.84 SB: no time
	2 5 M	5 0 M	
PB		00:27.86	
	00:27.86		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:46
Heat: 3/14 Lane : 3 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:44:36
PB (25m pool): 00:44.36 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.36	
		00:44.36	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 14:48
Heat: 4/14 Lane : 1 Athlete: DOYEN LAURE			Q-time: 00:43:86
PB (25m pool): 00:42.41 Tienen 26/12/2023			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:42.41	
		00:42.41	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:51
Heat: 6/14 Lane : 3 Athlete: MECHROUBI YASMINA			Q-time: 00:38:70
PB (25m pool): 00:38.76 Aarschot 26/04/2026			PB (50m pool): 00:38.70 SB: no time
	2 5 M	5 0 M	
PB		00:38.76	
		00:38.76	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:53
Heat: 7/14 Lane : 1 Athlete: GHISLAIN EMILIE			Q-time: 00:38:64
PB (25m pool): 00:38.77 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:38.64 SB: no time
	2 5 M	5 0 M	
PB		00:38.77	
		00:38.77	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:55
Heat: 8/14 Lane : 4 Athlete: LOUCKX CÉLIE			Q-time: 00:37:22
PB (25m pool): 00:37.22 LEUVEN 23/11/2025			PB (50m pool): 00:38.77 SB: no time
	2 5 M	5 0 M	
PB		00:37.22	
	00:37.22		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:55
Heat: 8/14 Lane : 5 Athlete: GHISLAIN JULIETTE			Q-time: 00:37:58
PB (25m pool): 00:39.14 Tienen 26/10/2025			PB (50m pool): 00:37.58 SB: no time
	2 5 M	5 0 M	
PB		00:39.14	
	00:39.14		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:11, starttime: 14:59
Heat: 11/14 Lane : 3 Athlete: DHONDT ANNELIEN			Q-time: 00:34:78
PB (25m pool): 00:35.97 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:35.97	
	00:35.97		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:11, starttime: 14:59
Heat: 11/14 Lane : 5 Athlete: IANNINO VALENTINA			Q-time: 00:35:43
PB (25m pool): 00:36.13 Tienen 26/10/2025			PB (50m pool): 00:35.43 SB: no time
	2 5 M	5 0 M	
PB		00:36.13	
	00:36.13		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:12, starttime: 15:01
Heat: 12/14 Lane : 1 Athlete: HEYE MIRTHE			Q-time: 00:34:64
PB (25m pool): 00:34.64 Liedekerke 11/11/2025			PB (50m pool): 00:35.19 SB: no time
	2 5 M	5 0 M	
PB		00:34.64	
	00:34.64		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 15:13
Heat: 5/18 Lane : 2 Athlete: TIELEMANS WOLF			Q-time: 00:46:86
PB (25m pool): 00:46.86 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:46.86	
	00:46.86		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 15:13
Heat: 5/18 Lane : 5 Athlete: DHONDT MICHIEL			Q-time: 00:48:41
PB (25m pool): 00:48.41 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:48.41	
	00:48.41		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:17
Heat: 7/18 Lane : 1 Athlete: DOBBELEIRE NIELS			Q-time: 00:42:92
PB (25m pool): 00:48.27 LEUVEN 24/11/2024			PB (50m pool): 00:42.92 SB: no time
	2 5 M	5 0 M	
PB		00:48.27	
	00:48.27		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:17
Heat: 7/18 Lane : 4 Athlete: JANUARIUS JULES			Q-time: 00:42:51
PB (25m pool): 00:42.51 Aarschot 26/04/2026			PB (50m pool): 00:44.62 SB: no time
	2 5 M	5 0 M	
PB		00:42.51	
		00:42.51	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 15:18
Heat: 8/18 Lane : 3 Athlete: HAAN ALEXANDER			Q-time: 00:40:45
PB (25m pool): 00:40.45 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.45	
		00:40.45	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:20
Heat: 9/18 Lane : 4 Athlete: PEETERS KOBE			Q-time: 00:39:93
PB (25m pool): 00:39.93 Tienen 26/10/2025			PB (50m pool): 00:41.05 SB: no time
	2 5 M	5 0 M	
PB		00:39.93	
		00:39.93	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:10, starttime: 15:22
Heat: 10/18 Lane : 2 Athlete: LOUCKX TIM			Q-time: 00:38:56
PB (25m pool): 00:38.56 Leuven 12/10/2025			PB (50m pool): 00:38.78 SB: no time
	2 5 M	5 0 M	
PB		00:38.56	
		00:38.56	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:10, starttime: 15:22
Heat: 10/18 Lane : 3 Athlete: GHISLAIN ANTOINE			Q-time: 00:38:06
PB (25m pool): 00:38.06 Leuven 12/10/2025			PB (50m pool): 00:38.44 SB: no time
	2 5 M	5 0 M	
PB		00:38.06	
		00:38.06	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:11, starttime: 15:23
Heat: 11/18 Lane : 1 Athlete: WIELEMAN ROBBE			Q-time: 00:38:04
PB (25m pool): 00:38.04 Leuven 12/10/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.04	
		00:38.04	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:11, starttime: 15:23
Heat: 11/18 Lane : 2 Athlete: SAADEH NAYIM			Q-time: 00:37:80
PB (25m pool): 00:38.97 LEUVEN 23/11/2025			PB (50m pool): 00:37.80 SB: no time
	2 5 M	5 0 M	
PB		00:38.97	
		00:38.97	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:12, starttime: 15:25
Heat: 12/18 Lane : 2 Athlete: GEURTS VALENTIN			Q-time: 00:36:94
PB (25m pool): 00:37.10 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:36.94 SB: no time
	2 5 M	5 0 M	
PB		00:37.10	
		00:37.10	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:15, starttime: 15:30
Heat: 15/18 Lane : 2 Athlete: VEKEMAN KWINTE			Q-time: 00:33:57
PB (25m pool): 00:33.57 Tienen 26/10/2025			PB (50m pool): 00:34.18 SB: no time
	2 5 M	5 0 M	
PB		00:33.57	
	00:33.57		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:15, starttime: 15:30
Heat: 15/18 Lane : 3 Athlete: HALLET BRENT			Q-time: 00:33:43
PB (25m pool): 00:33.43 Liedekerke 11/11/2025			PB (50m pool): 00:33.93 SB: no time
	2 5 M	5 0 M	
PB		00:33.43	
	00:33.43		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:15, starttime: 15:30
Heat: 15/18 Lane : 5 Athlete: BAS BRIEK			Q-time: 00:33:66
PB (25m pool): 00:33.86 LEUVEN 23/11/2025			PB (50m pool): 00:33.66 SB: no time
	2 5 M	5 0 M	
PB		00:33.86	
	00:33.86		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:17, starttime: 15:33
Heat: 17/18 Lane : 3 Athlete: CLEYMANS TORBEN			Q-time: 00:30:81
PB (25m pool): 00:30.81 LEUVEN 23/11/2025			PB (50m pool): 00:31.98 SB: no time
	2 5 M	5 0 M	
PB		00:30.81	
	00:30.81		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:18, starttime: 15:34
Heat: 18/18 Lane : 5 Athlete: CLEYMANS KARSTEN			Q-time: 00:30:55
PB (25m pool): 00:30.85 Tienen 26/10/2025			PB (50m pool): 00:30.55 SB: no time
	2 5 M	5 0 M	
PB		00:30.85	
	00:30.85		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:39
Heat: 2/14 Lane : 3 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:52:50
PB (25m pool): 00:52.50 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:52.50	
	00:52.50		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:40
Heat: 3/14 Lane : 1 Athlete: DOYEN LAURE			Q-time: 00:50:94
PB (25m pool): 00:50.94 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:50.94	
	00:50.94		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 15:44
Heat: 6/14 Lane : 5 Athlete: MECHROUBI YASMINA			Q-time: 00:45:60
PB (25m pool): 00:45.60 LEUVEN 23/11/2025			PB (50m pool): 00:47.09 SB: no time
	2 5 M	5 0 M	
PB		00:45.60	
	00:45.60		
			

Coach feedback:

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Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:45
Heat: 7/14 Lane : 1 Athlete: LOUCKX CÉLIE			Q-time: 00:44:42
PB (25m pool): 00:44.42 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.42	
		00:44.42	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 15:47
Heat: 8/14 Lane : 2 Athlete: HEYE MIRTHE			Q-time: 00:42:80
PB (25m pool): 00:42.80 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): 00:45.01 SB: no time
	2 5 M	5 0 M	
PB		00:42.80	
		00:42.80	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:49
Heat: 10/14 Lane : 3 Athlete: GHISLAIN EMILIE			Q-time: 00:40:16
PB (25m pool): 00:40.16 Tienen 26/10/2025			PB (50m pool): 00:41.62 SB: no time
	2 5 M	5 0 M	
PB		00:40.16	
		00:40.16	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:49
Heat: 10/14 Lane : 4 Athlete: DHONDT ANNELIEN			Q-time: 00:40:20
PB (25m pool): 00:40.20 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.20	
		00:40.20	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:49
Heat: 10/14 Lane : 5 Athlete: GHISLAIN JULIETTE			Q-time: 00:40:64
PB (25m pool): 00:40.64 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): 00:43.70 SB: no time
	2 5 M	5 0 M	
PB		00:40.64	
	00:40.64		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 15:53
Heat: 13/14 Lane : 2 Athlete: IANNINO VALENTINA			Q-time: 00:36:87
PB (25m pool): 00:36.87 LEUVEN 23/11/2025			PB (50m pool): 00:38.98 SB: no time
	2 5 M	5 0 M	
PB		00:36.87	
	00:36.87		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 15:57
Heat: 2/18 Lane : 4 Athlete: HALLET BRENT			Q-time: 99:99:99
PB (25m pool): 00:41.53 Sint-Amandsberg 22/10/2023			PB (50m pool): 00:55.59 SB: no time
	2 5 M	5 0 M	
PB		00:41.53	
	00:41.53		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:58
Heat: 3/18 Lane : 5 Athlete: DHONDT MICHIEL			Q-time: 00:54:58
PB (25m pool): 00:54.58 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:54.58	
	00:54.58		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 15:59
Heat: 4/18 Lane : 5 Athlete: TIELEMANS WOLF			Q-time: 00:51:10
PB (25m pool): 00:51.10 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:51.10	
	00:51.10		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 16:02
Heat: 6/18 Lane : 1 Athlete: JANUARIUS JULES			Q-time: 00:48:31
PB (25m pool): 00:48.31 LEUVEN 23/11/2025			PB (50m pool): 00:54.29 SB: no time
	2 5 M	5 0 M	
PB		00:48.31	
	00:48.31		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:06
Heat: 9/18 Lane : 2 Athlete: LOUCKX TIM			Q-time: 00:43:00
PB (25m pool): 00:43.00 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.00	
	00:43.00		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:06
Heat: 9/18 Lane : 3 Athlete: DOBBELEIRE NIELS			Q-time: 00:42:21
PB (25m pool): 00:44.21 Dilbeek 28/09/2025			PB (50m pool): 00:42.21 SB: no time
	2 5 M	5 0 M	
PB		00:44.21	
	00:44.21		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:06
Heat: 9/18 Lane : 4 Athlete: GHISLAIN ANTOINE			Q-time: 00:42:43
PB (25m pool): 00:43.51 Leuven 12/10/2025			PB (50m pool): 00:42.43 SB: no time
	2 5 M	5 0 M	
PB		00:43.51	
	00:43.51		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:06
Heat: 9/18 Lane : 5 Athlete: HAAN ALEXANDER			Q-time: 00:43:65
PB (25m pool): 00:43.65 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:44.43 SB: no time
	2 5 M	5 0 M	
PB		00:43.65	
	00:43.65		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:10, starttime: 16:07
Heat: 10/18 Lane : 1 Athlete: SAADEH NAYIM			Q-time: 00:41:55
PB (25m pool): 00:43.68 Dilbeek 28/09/2025			PB (50m pool): 00:41.55 SB: no time
	2 5 M	5 0 M	
PB		00:43.68	
	00:43.68		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:12, starttime: 16:10
Heat: 12/18 Lane : 2 Athlete: GEURTS VALENTIN			Q-time: 00:39:48
PB (25m pool): 00:43.15 Overijse 25/11/2023			PB (50m pool): 00:39.48 SB: no time
	2 5 M	5 0 M	
PB		00:43.15	
	00:43.15		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:12, starttime: 16:10
Heat: 12/18 Lane : 4 Athlete: WIELEMAN ROBBE			Q-time: 00:39:17
PB (25m pool): 00:39.17 LEUVEN 23/11/2025			PB (50m pool): 00:40.23 SB: no time
	2 5 M	5 0 M	
PB		00:39.17	
	00:39.17		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:14, starttime: 16:12
Heat: 14/18 Lane : 4 Athlete: PEETERS KOBE			Q-time: 00:37:12
PB (25m pool): 00:37.63 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:37.12 SB: no time
	2 5 M	5 0 M	
PB		00:37.63	
	00:37.63		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:15, starttime: 16:13
Heat: 15/18 Lane : 5 Athlete: VEKEMAN KWINTE			Q-time: 00:36:72
PB (25m pool): 00:36.99 LEUVEN 23/11/2025			PB (50m pool): 00:36.72 SB: no time
	2 5 M	5 0 M	
PB		00:36.99	
	00:36.99		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:17, starttime: 16:15
Heat: 17/18 Lane : 4 Athlete: BAS BRIEK			Q-time: 00:33:85
PB (25m pool): 00:35.07 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): 00:33.85 SB: no time
	2 5 M	5 0 M	
PB		00:35.07	
	00:35.07		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:18, starttime: 16:16
Heat: 18/18 Lane : 3 Athlete: CLEYMANS TORBEN			Q-time: 00:28:49
PB (25m pool): 00:28.49 LEUVEN 23/11/2025			PB (50m pool): 00:29.08 SB: no time
	2 5 M	5 0 M	
PB		00:28.49	
	00:28.49		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:18, starttime: 16:16
Heat: 18/18 Lane : 4 Athlete: CLEYMANS KARSTEN			Q-time: 00:29:39
PB (25m pool): 00:29.31 LEUVEN 14/11/2021			PB (50m pool): 00:29.57 SB: no time
	2 5 M	5 0 M	
PB		00:29.31	
	00:29.31		
			

Coach feedback:

Event number: 10: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 16:19
Heat: 2/2 Lane : 3 Athlete: HALLET SIBBE			Q-time: 00:37:75
PB (25m pool): 00:37.75 Dilbeek 28/09/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.75	
	00:37.75		
			

Coach feedback:

Event number: 10: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 16:19
Heat: 2/2 Lane : 4 Athlete: STEELS WOUT			Q-time: 00:37:84
PB (25m pool): 00:37.84 Ternat 30/03/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.84	
	00:37.84		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 16:21
Heat: 1/14 Lane : 2 Athlete: LOUCKX CÉLIE			Q-time: 99:99:99
PB (25m pool): 00:32.84 Dilbeek 01/10/2023			PB (50m pool): 00:33.88 SB: no time
	2 5 M	5 0 M	
PB		00:32.84	
		00:32.84	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:23
Heat: 3/14 Lane : 1 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:37:50
PB (25m pool): 00:37.50 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.50	
		00:37.50	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:23
Heat: 3/14 Lane : 2 Athlete: DOYEN LAURE			Q-time: 00:36:38
PB (25m pool): 00:37.32 Dilbeek 28/09/2025			PB (50m pool): 00:36.38 SB: no time
	2 5 M	5 0 M	
PB		00:37.32	
		00:37.32	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:27
Heat: 7/14 Lane : 3 Athlete: MECHROUBI YASMINA			Q-time: 00:32:27
PB (25m pool): 00:38.33 Wildersportcomplex 16/03/2025			PB (50m pool): 00:33.30 SB: no time
	2 5 M	5 0 M	
PB		00:38.33	
		00:38.33	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:30
Heat: 9/14 Lane : 1 Athlete: GHISLAIN EMILIE			Q-time: 00:31:99
PB (25m pool): 00:31.99 LEUVEN 23/11/2025			PB (50m pool): 00:32.77 SB: no time
	2 5 M	5 0 M	
PB		00:31.99	
	00:31.99		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:32
Heat: 11/14 Lane : 3 Athlete: HEYE MIRTHE			Q-time: 00:29:99
PB (25m pool): 00:29.99 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:30.69 SB: no time
	2 5 M	5 0 M	
PB		00:29.99	
	00:29.99		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:33
Heat: 12/14 Lane : 1 Athlete: DHONDT ANNELIEN			Q-time: 00:29:97
PB (25m pool): 00:29.97 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:30.13 SB: no time
	2 5 M	5 0 M	
PB		00:29.97	
	00:29.97		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:33
Heat: 12/14 Lane : 5 Athlete: GHISLAIN JULIETTE			Q-time: 00:29:83
PB (25m pool): 00:29.83 Gent 23/02/2025			PB (50m pool): 00:30.78 SB: no time
	2 5 M	5 0 M	
PB		00:29.83	
	00:29.83		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:14, starttime: 16:35
Heat: 14/14 Lane : 2 Athlete: IANNINO VALENTINA			Q-time: 00:27:03
PB (25m pool): 00:27.03 Gent 09/11/2025			PB (50m pool): 00:27.32 SB: no time
	2 5 M	5 0 M	
PB		00:27.03	
		00:27.03	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:2, starttime: 16:37
Heat: 2/18 Lane : 3 Athlete: DHONDT MICHIEL			Q-time: 00:41:15
PB (25m pool): 00:41.15 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.15	
		00:41.15	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:38
Heat: 3/18 Lane : 1 Athlete: JANUARIUS JULES			Q-time: 00:39:60
PB (25m pool): 00:39.60 Aarschot 26/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:39.60	
		00:39.60	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:41
Heat: 5/18 Lane : 1 Athlete: TIELEMANS WOLF			Q-time: 00:35:92
PB (25m pool): 00:36.59 Dilbeek 28/09/2025			PB (50m pool): 00:35.92 SB: no time
	2 5 M	5 0 M	
PB		00:36.59	
		00:36.59	
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 50M FREESTYLE MEN 11+			Heat:7, starttime: 16:43
Heat: 7/18 Lane : 5 Athlete: DOBBELEIRE NIELS			Q-time: 00:34:18
PB (25m pool): 00:38.07 Overijse 30/11/2024			PB (50m pool): 00:34.18 SB: no time
	2 5 M	5 0 M	
PB		00:38.07	
	00:38.07		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:9, starttime: 16:45
Heat: 9/18 Lane : 3 Athlete: GHISLAIN ANTOINE			Q-time: 00:32:05
PB (25m pool): 00:32.94 Aarschot 26/04/2026			PB (50m pool): 00:32.05 SB: no time
	2 5 M	5 0 M	
PB		00:32.94	
	00:32.94		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:9, starttime: 16:45
Heat: 9/18 Lane : 4 Athlete: HAAN ALEXANDER			Q-time: 00:32:18
PB (25m pool): 00:35.89 Wildersportcomplex 16/03/2025			PB (50m pool): 00:32.35 SB: no time
	2 5 M	5 0 M	
PB		00:35.89	
	00:35.89		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:10, starttime: 16:46
Heat: 10/18 Lane : 5 Athlete: LOUCKX TIM			Q-time: 00:31:83
PB (25m pool): 00:32.36 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:31.98 SB: no time
	2 5 M	5 0 M	
PB		00:32.36	
	00:32.36		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 50M FREESTYLE MEN 11+			Heat:11, starttime: 16:47
Heat: 11/18 Lane : 1 Athlete: SAADEH NAYIM			Q-time: 00:31:49
PB (25m pool): 00:33.62 LEUVEN 23/11/2025			PB (50m pool): 00:31.49 SB: no time
	2 5 M	5 0 M	
PB		00:33.62	
	00:33.62		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:11, starttime: 16:47
Heat: 11/18 Lane : 4 Athlete: WIELEMAN ROBBE			Q-time: 00:31:05
PB (25m pool): 00:32.23 Dilbeek 28/09/2025			PB (50m pool): 00:31.05 SB: no time
	2 5 M	5 0 M	
PB		00:32.23	
	00:32.23		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:12, starttime: 16:48
Heat: 12/18 Lane : 1 Athlete: PEETERS KOBE			Q-time: 00:30:48
PB (25m pool): 00:31.50 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:30.48 SB: no time
	2 5 M	5 0 M	
PB		00:31.50	
	00:31.50		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:14, starttime: 16:50
Heat: 14/18 Lane : 2 Athlete: GEURTS VALENTIN			Q-time: 00:28:91
PB (25m pool): 00:29.54 Wildersportcomplex 16/03/2025			PB (50m pool): 00:28.91 SB: no time
	2 5 M	5 0 M	
PB		00:29.54	
	00:29.54		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 50M FREESTYLE MEN 11+			Heat:14, starttime: 16:50
Heat: 14/18 Lane : 5 Athlete: VEKEMAN KWINTE			Q-time: 00:28:91
PB (25m pool): 00:28.91 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:28.95 SB: no time
	2 5 M	5 0 M	
PB		00:28.91	
	00:28.91		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:16, starttime: 16:52
Heat: 16/18 Lane : 1 Athlete: BAS BRIEK			Q-time: 00:27:47
PB (25m pool): 00:27.47 LEUVEN 23/11/2025			PB (50m pool): 00:27.65 SB: no time
	2 5 M	5 0 M	
PB		00:27.47	
	00:27.47		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:16, starttime: 16:52
Heat: 16/18 Lane : 5 Athlete: HALLET BRENT			Q-time: 00:27:43
PB (25m pool): 00:28.06 Leuven 12/10/2025			PB (50m pool): 00:27.79 SB: no time
	2 5 M	5 0 M	
PB		00:28.06	
	00:28.06		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:18, starttime: 16:54
Heat: 18/18 Lane : 2 Athlete: CLEYMANS KARSTEN			Q-time: 00:25:31
PB (25m pool): 00:25.30 Gent(Sint-Amandsberg) 11/11/2024			PB (50m pool): 00:25.94 SB: no time
	2 5 M	5 0 M	
PB		00:25.30	
	00:25.30		
			

Coach feedback:

ALZV SPRINT CUP 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 12: 50M FREESTYLE MEN 11+							Heat:18, starttime: 16:54	
Heat: 18/18 Lane : 3 Athlete: CLEYMANS TORBEN							Q-time: 00:24:77	
PB (25m pool): 00:24.77 Gent 09/11/2025							PB (50m pool): 00:25.20 SB: no time	
	2 5 M		5 0 M					
PB			00:24.77					
	00:24.77							
								

Coach feedback:

Event number: 13: 4x50M MEDLEY WOMEN							Heat:2, starttime: 16:59	
Heat: 2/2 Lane : 2 Athlete: TEAM STZ 1							Q-time: 02:14:26	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 14: 4x50M MEDLEY MEN							Heat:2, starttime: 17:05	
Heat: 2/2 Lane : 3 Athlete: TEAM STZ 1							Q-time: 01:59:95	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: